



COVID 19 RISK MANAGEMENT FORM



This form is to be completed and signed **before** attending a Lake Macquarie U3A class in 2021.

U3A Members must act responsibly to minimise their own and other’s exposure to COVID 19.

- I acknowledge that I am voluntarily attending Lake Macquarie U3A courses.
- I accept responsibility for my actions.
- I will follow class Leaders’, Course Clerks’ and designated sub-committee’s instructions in regard to COVID 19 risk management.
- I will not attend any U3A activity if I am unwell or exhibiting any symptoms of COVID 19.
- I will not attend any U3A activity if I have been to a “hotspot” in the previous 14 days.
- I will follow physical distancing rules.
- I will maintain good hand hygiene and cough etiquette.
- I will provide my own hand sanitiser, mask, pen and any other personal equipment
- I will supply my contact details to assist in COVID 19 contact tracing by the relevant authorities.

Name

Email

Phone

Signature Date