



Lake Macquarie U3A Inc
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LAKE MACQUARIE U3A INC. COVID 19 RISK MANAGEMENT FORM

This form is to be completed and signed **before** attending a Lake Macquarie U3A class in 2022.
LMU3A members must act responsibly to minimise their own and other's exposure to COVID 19.

1. I acknowledge I am voluntarily attending LMU3A classes.
2. I accept responsibility for my actions.
3. I will follow Course leader's, Course Clerk's and LMU3A sub-committee's instructions in regard to COVID 19 risk management.
4. I will only attend LMU3A classes or activity if I am fully vaccinated for COVID 19 OR I have a medical certificate which exempts me from having to be vaccinated.
5. I will not attend any LMU3A class or activity if I am feeling unwell or exhibiting any symptoms for COVID 19.
6. I have not been in any area classified as a "hotspot" in the last 14 days.
7. I will follow social distancing rules set by NSW Government.
8. I will maintain good hygiene and cough etiquette.
9. I will provide my own hand sanitiser, mask and any other personal equipment.
10. I will supply my contact details to assist in COVID contact tracing by the relevant authorities.

Name

Email

Phone

Signature Date